

Brown belt Ultimate Jitsu!!

Ebo-No-Kata:

- Serie 1,2 and 3.

Lock's / Kansetsu waza:

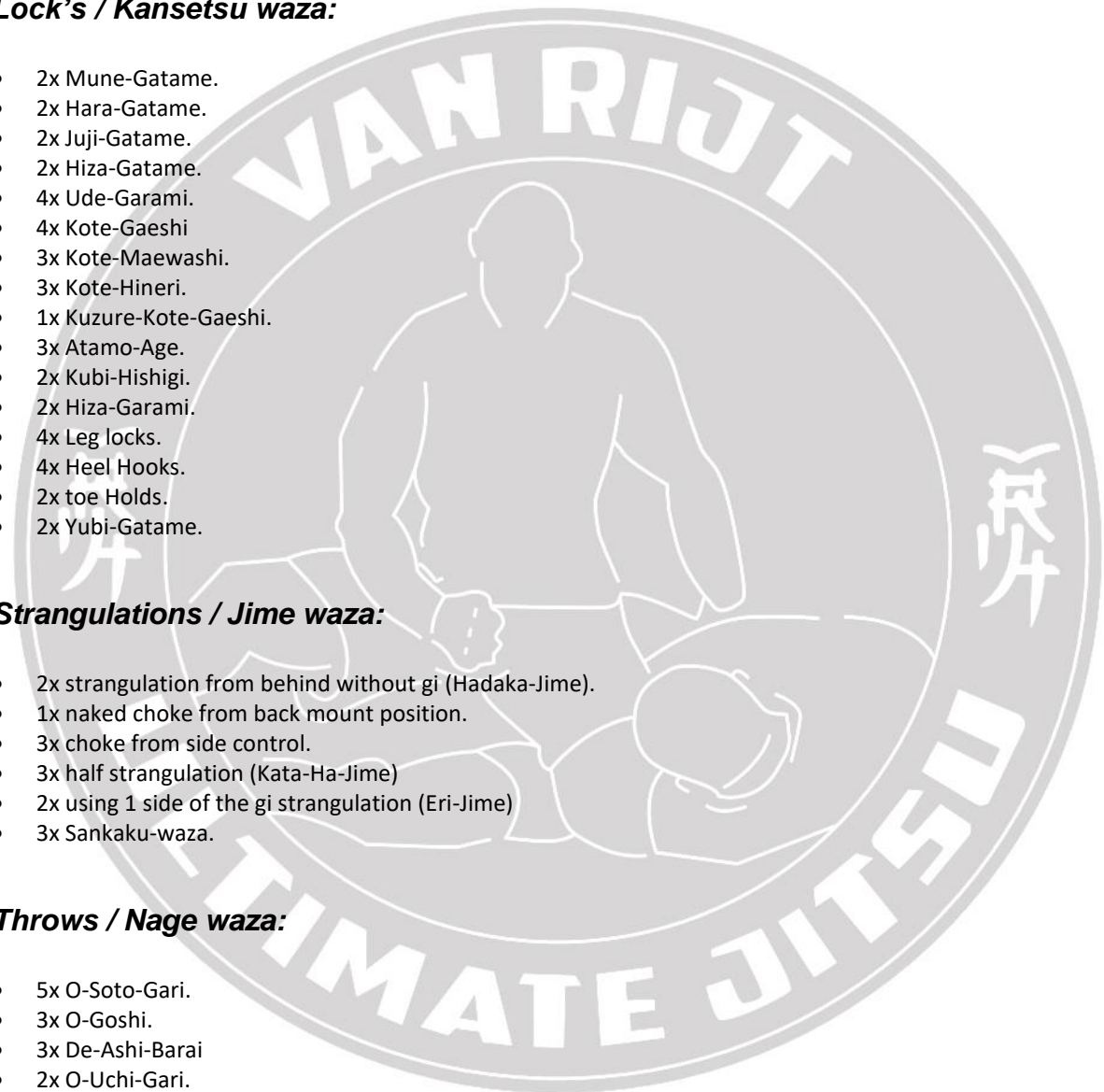
- 2x Mune-Gatame.
- 2x Hara-Gatame.
- 2x Juji-Gatame.
- 2x Hiza-Gatame.
- 4x Ude-Garami.
- 4x Kote-Gaeshi
- 3x Kote-Maewashi.
- 3x Kote-Hineri.
- 1x Kuzure-Kote-Gaeshi.
- 3x Atamo-Age.
- 2x Kubi-Hishigi.
- 2x Hiza-Garami.
- 4x Leg locks.
- 4x Heel Hooks.
- 2x toe Holds.
- 2x Yubi-Gatame.

Strangulations / Jime waza:

- 2x strangulation from behind without gi (Hadaka-Jime).
- 1x naked choke from back mount position.
- 3x choke from side control.
- 3x half strangulation (Kata-Ha-Jime)
- 2x using 1 side of the gi strangulation (Eri-Jime)
- 3x Sankaku-waza.

Throws / Nage waza:

- 5x O-Soto-Gari.
- 3x O-Goshi.
- 3x De-Ashi-Barai
- 2x O-Uchi-Gari.
- 2x Kubi-Nage.
- 3x Seoi-Nage.
- 2x Kata-Ashi-Dori.
- 2x Ko-Uchi-Gari.
- 1x Ko-Soto-Gake.
- 1x Kiri-Otoshi.
- 2x Tai-Otoshi.
- 1x Sumi-Gaeshi.
- 2x Soto-Maki-Komi.
- 1x Tobi-Kani-Basami.
- 1x Kata-Ashi-Dori.



- 1x (Ushiro-)Ryo-Ashi-Dori.
- 2x Tomoe-Nage.
- 1x Tani-Otoshi.
- 1x Harai-Goshi.
- 1x Uchi-Mata.
- 1x double shoulder throw (Morote-Seoi-Nage).
- 2x Kata-Garuma.
- 1x T-Guruma.
- 1x Sukui-Nage.
- 1x Yoko-Tomoe-Nage.
- 4x take down technic.

BJJ / MMA Positions:

- Position Uke in Gurad: 3x sweep from Guard.
- Position Tori in Guard: 3x Pass the Guard.
- Position Uke in Guard: 3x Choke.
- Position Uke in Guard: 3x Armlock
- Position Uke in Guard: 1x Guillotine.
- Position Tori in Side Control: 3x transition to Mount.
- Position Tori in Side Control: 1x transition to North – South (Kami-Shio-Gatame)
- Position Tori in Side Control: 2x Choke.
- Position Tori in Side Control: 2x Arm Lock.
- Position Uke in Mount: 2x sweep/Escape.
- Position Uke in Mount: 1x escape to guard.
- Position Tori in Mount: 3x Armlock.
- Position Tori in Mount: 3x Choke.
- Position Uke in Guard: Tori to Turtle Position to Taking the Back Mount.
- 1x Escaping the Back Mount.
- De la Riva Technic.
- Birimbolo technic.
- X Guard Position.
- Butterfly Guard.
- Tori has Knee on Belly: 2x arm lock.

Transportation technics :

- 2x Juji-Garami.
- 2x Kanuki-Gatame.
- 1x Kata-Gatame.
- 1x Kubi-Gatame.
- 1x Backwards neck Lock(Ura-Kubi-Gatame).
- 1x Screwing fingerlock (Yubi-Hineri).
- 1x Kuzure-Kote-Gaeshi.

Defense against weapons:

- 3x defence against stick attack from side of head.
- 2x defence against stick attack to the middle.
- 2x defence against straight knife attack.
- 1x defence against backhand knife attack.
- 1x defence against a thread with knife to the front of the throat.
- 1x defence against a thread with knife to the throat from back.
- 2x defence against knife attack from above.
- 2x defence against knife attack from down.

- 1x defence against pistol from front to head.
- 1x defence against pistol from front to belly.
- 1x defence against pistol from back to head.
- 1x defence against pistol from back to the backside.

Combinations:

Reaction on resistance:

- 3x on a throw.
- 3x on a lock.

Reaction on escape:

- 3x from throw.
- 3x from lock.

Free Attack:

- 1 minute 1 attacker unarmed.
- 1 minute 2 attackers unarmed.
- 1 minute 1 attacker armed (stick or knife)
- 3 minute wrestling on the floor in Gi (Ne-Waza)
- 3 minute wrestling on the floor No Gi (Ne-Waza)

